

Personal Protection for the ATV Rider



Match the personal protection gear to the correct pictures.

1	В		The recommended protective footwear is a pair of strong, over-the-ankle boots with low heels to help prevent your feet from slipping off the footrests.
2	Α	>	Good gloves can help keep your hands from getting sore, tired, or cold, as well as offer protection in the event of a spill.
3	D		It is important to protect your skin from scratches. A long-sleeved shirt or jersey and long pants are minimum requirements for rider protection.
4	Е		Your helmet is the most important piece of protective gear for safe riding. A helmet can help prevent a serious head injury.
5	С	>	A face shield or goggles will provide you with more protection and should be free from scratches, fastened securely and well ventilated to prevent fogging.
6	F		Off-highway riding gear such as off highway pants with kneepads, jersey, and chest/ shoulder protectors provides better protection.

Why is it important for you to "Ride within your ability"

[Student worksheet has a 5 line writing exercise here.]